

Salem United Church Of Christ
217 Salem Drive
Plymouth, WI 53073

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MARCH

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DIRECTOR OF YOUTH & FAMILY MINISTRY: Marsha Meyer
CHURCH SECRETARY: Pamela Miller
MONETARY GIFTS SECRETARY: Jennifer Schoenefeld
MONETARY GIFTS ASSISTANT: Sharon Schoenefeld
CUSTODIAN: Cheryl Rortvedt

CHAPEL CHIMES IS A MONTHLY NEWSLETTER
PUBLISHED IN THE INTEREST OF FAMILIES AND FRIENDS OF
SALEM UNITED CHURCH OF CHRIST

OFFICE HOURS: 7:30 a.m. to 3:30 p.m. Monday - Thursday
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SALEM UNITED CHURCH OF CHRIST MISSION STATEMENT

To praise and glorify God through Jesus Christ, Salem United Church of Christ will be a nurturing family that shares the Good News with people of all ages. Our congregation will invite and warmly welcome others into this faith community. Empowered by the Holy Spirit, we will create and maintain places and programs, which satisfy needs and nurture spiritual growth while recognizing and utilizing the diverse gifts and talents of all.

March 2018
Volume 68 No. 3

FIRST NOTES

At this writing, we are just two days into Lent. By the time this newsletter reaches you, the second weekend in Lent will have been a past event. Given the way the dates fall on the calendar for 2018, the remainder of Lent will take place during the month of March. Holy Week will fall during the last seven days of March, with Easter Sunday falling on April 1st. Once again, the cycle of Palm Sunday, Maundy Thursday, Good Friday and Holy Saturday will be repeated in the churches. Aside from the Christmas story, the saga of Holy Week is the one series of events with which most persons – even non-Christians – have some familiarity.

These are familiar stories, to be sure. Yet, every time around, I learn something new and appreciate something different. The new insight may not necessarily be about the story itself; it may be something I learn about myself and the world around me through the story. Because of that sort of thing, I again encourage each of you to be present to as many of those worship opportunities as possible. Simply jumping from Palm Sunday to Easter Sunday doesn't give us enough of that experience. A schedule of the events for Holy Week can be found inside the pages of this month's newsletter.

Also on the docket for March will be two Membership Gatherings, the first of which will be held following worship on Sunday, March 18th – at 10:00 a.m. – in the Library Room and the second of which will be held on Thursday, March 22nd at 6:30 p.m. in Fellowship Hall. The focal point of these gatherings will be a proposed change in the time of Sunday worship from 8:30 a.m. to 9:00 a.m. and follow-up discussions about December's by-laws changes and church membership. The positive reaction to the 9:00 a.m. start time to December's Christmas program and the fact that Salem is the only church in Sheboygan County (to my knowledge) that has a single service of worship on Sunday morning at 8:30 a.m. has led the leadership of the church to consider this change. And as there are still questions to be answered and points to be clarified about the by-laws changes, it seemed appropriate to visit this topic again.

Your input and questions are valued, so I encourage your participation in either one of the sessions if you have one of those two things to offer up. Whether attending or not, you are welcomed to speak with me or our Consistory members regarding these or other topics which may be on your mind or heart.

May your Lenten pilgrimage be a spiritually fruitful one.

Your servant in Christ,
Rev. Jim Hoppert



MARCH

BIRTHDAYS & ANNIVERSARIES

- 3/01 Richard Rortvedt
- 3/02 Louise Leverenz
- 3/03 Nola Fieck
Evelyn Kretsch
Kay Mauk
- 3/04 Brittany Winscher
Simon Feldner
Ray Gremminger
- 3/05 Claude Kent
Carol McElroy
- 3/07 Jackie Veldman
- 3/08 Victor Tewinkle
- 3/10 Morgan Clarke
- 3/17 Marion Mayer
Joshua Veldman
Wiley Wolfert
- 3/18 Janice Bunyea
Anne Hernandez
Kevin Mauk
Marion Lehmann
- 3/19 Linda Bosman
- 3/21 Florence Blanke
- 3/23 Don Hurlburt
- 3/24 Roberta Becher
Evan Raeder
- 3/25 Leslie Blad
- 3/26 Don Laack
- 3/27 Abby Debbink
- 3/28 Cody Wolfert
Kathy Schaap
- 3/29 Carol Barts



- 3/03 Jeremy & Jody Pratt
- 3/23 Jeff & Linda Krueger
- 3/30 Jeff & Laurie Born
Tom & Carol Melger



MARCH
LITTLE LAMBS CHILD CARE

Sunday, March 4th:
Linda Lehrke & Cassie Clarke

Sunday, March 11th:
Jennifer & Hannah Velier

Sunday, March 18th:
Amy & Greta Debbink

PLEASE REMEMBER THESE
FAMILIES IN YOUR PRAYERS

HOSPITALIZED
Memorial, Sheboygan
Kris Meilahn

FUNERALS
1/27/18 Roger Eldredge, Sr.
1/28/18 Florence Kleinhans
2/18/18 Gerry Sramek

THANK YOU

I would like to thank everyone for their thoughts and prayers as I recovered from the flu. A special thanks to Rev. Hoppert, Pam Miller, Mary Bender and Robbie Gremminger for their concerns and well wishes.

Sheila Wagner



An Easter Breakfast will be served between services on Easter morning. Watch the sign up board in the hallway to make your reservation to attend the breakfast.

FROM THE PARISH NURSE . . .

I am in the process of recognizing people in our congregation that do have some medical training to have available during times of need. If you would like to be on this list please let me know or leave a message on my desk in the nurse's office. I am looking for your names and the training you have. I am also in the process of trying to put together a CPR/AED (defibrillator) class. This would not take place till after Lent. I need to have 5 people to make a class and depending on the size I will then let you know the price involved. Please let me know or leave a message on my desk.

Thank you so much
Robbie Gremminger, Parish Nurse (980-3977)

Hemorrhoids, also called piles, are varicose veins in and around the rectal opening. "Varicose" means permanently stretched in both length and breadth.

With each bowel movement, the rectum is stretched open to let the stool come through. A straining effort to force the stool will, of course, increase the stretching force. The membrane, the muscle wall of the canal and the veins imbedded in it are all stretched in this process. After the stool has passed through, all of these parts recoil to natural size, and the circular purse string muscle of the canal tightens to close the opening. The canal is about an inch in length and stretches to a diameter of one and one-half inches. The thin walls of the veins do not tolerate this repeated stretching as well as the membrane and the muscles. If the veins are weaker than normal, and this is the case in many people, they will be stretched permanently to become hemorrhoids.

How hemorrhoids develop. Veins dilate to the extent that they bulge and actually at times hang out of the opening. Once the process has set in, it can only get worse because the stool as

it is forced through the canal pushes the bulging veins outward, stretching them still further. Usually there will be three, but no more than four, of these bulging veins formed into clusters. In time the membrane that covers the veins becomes thinned and stretched.

Larger, hanging clusters of hemorrhoids lose their elasticity and then they are unable to recoil back inside the opening after the stool has passed through. Now, when the purse string muscle closes, the hemorrhoids are squeezed half way in and half way out. Patients with hanging prolapsed hemorrhoids find it necessary to push them back into the canal after a bowel movement. Such hemorrhoids are also called protruding piles.

When subjected to the pushing force of the stool, the thinned membrane over the hemorrhoids is easily torn. Blood leaks out of the veins and they are then said to be bleeding hemorrhoids. With rare exceptions, bleeding occurs only with bowel movements. Usually the bleeding is not great and it stops within a few minutes after the bowel movement. The circulation of blood in these tortuous hemorrhoidal veins becomes stagnant and the blood in them is subject to clotting. When a clot, often called a thrombus, forms, the hemorrhoid is called a clotted or thrombosed hemorrhoid. Pain comes in "attacks" that last ordinarily no longer than a few days. After this there is a quiet and comfortable spell that may last for months before there is another attack. The painful attacks arise from swelling that is occasioned by prolonged squeezing of prolapsed hemorrhoids that have not been pushed back in after a bowel movement.

Types. Hemorrhoids are classified as internal or external or as combined internal and external. These listings have to do with the location of the bulkier portion of the hemorrhoidal mass of veins in relation to the tightening purse string that is called the rectal sphincter muscle. Those that are situated well up inside the canal and further in than the sphincter muscle are internal hemorrhoids.

External hemorrhoids actually are in the skin around the opening and are outside of the sphincter muscle. Although hemorrhoids may be solely external or solely internal, in most instances the stretched veins run the whole length of the canal, including the entrance and the exit. These are referred to as combined internal external hemorrhoids.

Hemorrhoids will not become cancerous nor will they cause cancer. However, since bleeding from the rectum is one of the signs of rectal cancer, bleeding that supposedly comes from hemorrhoids must be investigated to make certain the hemorrhoids are the sole cause of the bleeding. But here again this does not make one safe for the rest of his life. If bleeding continues, it will have to be checked frequently, as often as every six months, for a cancer may develop, quite apart from the hemorrhoids, and hide behind the bleeding that is assumed to be hemorrhoidal bleeding.

Rectal examinations are made with an instrument called a proctoscope. This is a tube open at one end and equipped at the other end with an electric light and a magnifying view window through which the surgeon can see the interior of the rectum. The instrument, handled gently and well lubricated, can be inserted into the rectum with no pain.

Large hemorrhoids that are giving trouble from bleeding or pain should be removed. Only rarely does this call for emergency action. The operation can be arranged for a convenient time. Removal of hemorrhoids is called hemorrhoidectomy. It is performed in the hospital and most often under a general or a spinal anesthetic. From three to six days hospitalization will be sufficient in most cases. In a hemorrhoid operation, the varicose veins are removed. They are cut away along with the stretched membrane over them. For each hemorrhoidal cluster, a double incision in the form of an ellipse is made the full length of the rectal canal to include both the internal and the external portions of each hemorrhoid. There may be as many as four incisions along the length of the canal. A clotted, or thrombosed,

hemorrhoid may be relieved by a small incision through which the clot is removed. This is accomplished with the help of a local anesthetic and hospitalization is not required. Most often an incision is not necessary because the clot will dissolve on its own and the hemorrhoid will shrink.

Patients are generally apprehensive about the first bowel movement after a rectal operation, but they are almost universally surprised when the actual experience proves far less uncomfortable than anticipated. As a general rule, the bowels will move on the third or fourth postoperative day with the assistance of mineral oil or some other soft and lubricating laxative that is started on the first or second day after the operation. Sitz baths (sitting in warm water) are used two or three times daily and they are initiated again on about the second postoperative day. If a bowel action is not forthcoming by the fourth day, several ounces of warm oil are inserted in the rectum as an oil enema. This usually brings on a reasonable comfortable bowel movement for the patient.

Recurrence. A patient who has had a hemorrhoidectomy may wonder whether he can get hemorrhoids again. The answer is that he probably won't but on the other hand it is possible for other rectal veins to enlarge even after the main veins have been removed surgically. Hemorrhoids that have been removed will not form again. However, other veins in the rectal canal may become stretched and varicosed. The rectal sphincter muscle is not cut to any extent in a hemorrhoid operation. Therefore under usual circumstances there is no danger that the muscle will be injured to the extent that it will not be tight enough. On the other hand, if the surgery has been very extensive because of the extremely large size of the hemorrhoids, it is possible for scar tissue to form through the canal and thus stiffen the muscle so that it does not stretch for a bowel movement as easily as it did before. This unusual complication is ordinarily overcome without much difficulty by dilating the rectum.



MISSION & STEWARDSHIP

Greetings from the Mission & Stewardship Committee. Our members for 2018 are Faye Hughes, Jennifer Schoenefeld, Tom Daigle, Mary Mullen, Rev. Hoppert, and Bret Schoenefeld is our newest member.

As we look forward to the year we are approaching our first Five for Five mission focus - One Great Hour of Sharing. This mission reaches out to help support needs domestically and internationally, helping to rebuild after natural disasters, helping regions with water access and conservation. There are so many ways that One Great Hour of Sharing helps.

The United Church of Christ is not alone in this mission. We are part of eight denominations that support One Great Hour of Sharing. Consider viewing this inspiring video about the value of working together:
<https://www.youtube.com/watch?v=UXbergBcvaE>

To see how One Great Hour of Sharing has helped out in disasters, consider viewing this video about Haiti:
<https://www.youtube.com/watch?v=ruJr35szTKQ>

We will be kicking off One Great Hour of Sharing at the end of February, but gifts will be received on March 11.

Thank you for your gifts of hope and help to our world neighbors. Matthew 25: 31-46 provides some inspiration for us on supporting a mission such as this. "Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me."

Thank you for your support and gifts. Our committee hopes to share new ways that we can help support local needs, and keep an eye out for special opportunities, like the mission project initiated by Lilly Hengst.

On behalf of Mission & Stewardship
Mary Mullen



HOLY WEEK SCHEDULE

PALM SUNDAY - March 25th - 8:30 a.m. Praise Worship

MAUNDAY THURSDAY - March 29th - 7:00 p.m. Worship with Communion

GOOD FRIDAY - March 30th - 1:30 p.m. Worship

HOLY SATURDAY - March 31st - Easter Egg Hunt 10:00 a.m.; 4:30 p.m. Worship with Communion

EASTER SUNDAY - April 1st - 7:00 & 9:30 a.m. Worship with Communion; 8:00 a.m. Easter Breakfast



Daylight savings time starts on Sunday, March 11th. Don't forget to turn your clocks ahead 1 hour!

Salem United Church of Christ Communion Schedule 2018

January 13, 2018 – 4:30 pm
January 14, 2018 – 8:30 am

February 10, 2018 – 4:30 pm
February 11, 2018 – 8:30 am
February 14, 2018 – 7:00 pm –
Ash Wednesday

March 10, 2018 – 4:30 pm
March 11, 2018 – 8:30 am
March 29, 2018 – 7:00 pm –
Maundy Thursday
March 31, 2018 – 4:30 pm –
Holy Saturday

April 1, 2018 – 7:00 am and 9:30 am –
Easter

May 13, 2018 – 8:30 am –
Confirmation/Festival of the Christian
Home
May 19, 2018 – 4:30 pm
May 20, 2018 – 8:30 am –
Pentecost/Youth Sunday

June 2, 2018 – 4:30 pm
June 3, 2018 – 8:30 am

July 7, 2018 – 4:30 pm
July 8, 2018 – 8:30 am

August 11, 2018 – 4:30 pm
August 12, 2018 – 8:30 am

September 8, 2018 – 4:30 pm
September 9, 2018 – 8:30 am –
Faith Formation Sunday

October 6, 2018 – 4:30 pm
October 7, 2018 – 8:30 am –
World Communion Sunday

November 3, 2018 – 4:30 pm
November 4, 2018 – 8:30 am –
All Saints' Sunday

December 8, 2018 – 4:30 pm
December 9, 2018 – 8:30 am
December 24, 2018 – 4:30 pm –
Christmas Eve
December 24, 2018 – 10:00 pm –
Christmas Eve

MARCH LECTIONARY READINGS

Sunday, March 4, 2018

Third Sunday in Lent

Hebrew Scripture: Exodus 20:1-17
Psalm: Psalm 19
Epistle: 1 Corinthians 1:18-25
Gospel: John 2:13-22

Sunday, March 11, 2018

Fourth Sunday in Lent

Hebrew Scripture: Numbers 21:4-9
Psalm: Psalm 107:1-3, 17-22
Epistle: Ephesians 2:1-10
Gospel: John 3:14-21

Sunday, March 18, 2018

Fifth Sunday in Lent

Hebrew Scripture: Jeremiah 31:31-34
Psalm: Psalm 51:1-12
Epistle: Hebrews 5:5-10
Gospel: John 12:20-33

Sunday, March 25, 2018

Palm Sunday

Hebrew Scripture: Mark 11:1-11
Psalm: Psalm 118:1-2, 19-29
Epistle: Isaiah 50:4-9a
Gospel: Philippians 2:5-11
Passion Narrative: Mark 15:1-39

Thursday, March 29, 2018

Maundy Thursday

Hebrew Scripture: Exodus 12:1-4, 11-14
Psalm: Psalm 116:1-2, 12-19
Epistle: 1 Corinthians 11:23-26
Gospel: John 13:1-17, 31b-35

Friday, March 30, 2018

Good Friday

Hebrew Scripture: Isaiah 52:13-53:12
Psalm: Psalm 22:1-18
Epistle: Hebrews 4:14-16; 5:7-9
Gospel: John 18:1-19:42

MARCH USHER LIST

Saturday, March 3:

4:30 p.m. Head Usher: Kymn Schicker
Richard Groene, Kevin & Deb Lisowe

Sunday, March 4:

8:30 a.m. Head Usher: Dave Hengst
Dale & Janis Knuth, Cheryl Rortvedt

Wednesday, March 7:

7:00 p.m. Head Usher: Lorena McKerrow
Confirmation Youth

Saturday, March 10:

4:30 p.m. Head Usher: Kymn Schicker
Jerry & Reta Klemme, Linda Krueger

Sunday, March 11:

8:30 a.m. Head Usher: Mary Bender
Ansel Tupper, Janice Bunyea, Mary Mullen

Wednesday, March 14:

7:00 p.m. Head Usher: Amy Nischik
Confirmation Youth

Saturday, March 17:

4:30 p.m. Head Usher: Roger Rortvedt
Bob Becher, Bruce & Barb Hengst

Sunday, March 18:

8:30 a.m. Head Usher: Linda Bosman
Al Bosman, Bette Humbracht, Evie Kretsch

Wednesday, March 21:

7:00 p.m. Head Usher: Dave Hengst
Confirmation Youth

Saturday, March 24:

4:30 p.m. Head Usher: Terry Risse
Ray & Robbie Gremminger, Sharon Klemme

Sunday, March 25:

8:30 a.m. Head Usher: Member of Consistory
Terry, Amy & Greta Debbink

Thursday, March 29:

7:00 p.m. Head Usher: Mary Bender
Paul, Susan, Cassie & Morgan Clarke

Friday, March 30:

1:30 p.m. Head Usher: Amy Nischik
Ron Schoenfeld, Dale & Janis Knuth

Saturday, March 31:

4:30 p.m. Head Usher: Kymn Schicker
Terry Risse, Lori Holzer, Judy Wilmot

Sunday, April 1:

7:00 a.m. Head Usher: Member of Consistory
Cindy Conrad, Annette Bunyea, Tom Daigle
9:30 a.m. Head Usher: Mary Bender
Norman & Karen Raeder, Maureen Rudebeck

THE WAITING GAME

Life involves lots of waiting. We wait in groups, in lines, in cars. We wait for packages, for the bus, for the sun to rise. We wait in doctors' offices, at the post office, at the DMV. Waiting implies we're at someone else's mercy, but it's also usually linked to hope. Perhaps that's why Paul Tillich called waiting a metaphor for faith. Why would one wait if there weren't the firm belief that the object of one's wait will eventually materialize?

Waiting can be enervating, which is why Isaiah 40:31 is so promising: "They who wait upon the Lord shall renew their strength." Yet waiting is rough if you have nothing to do while waiting. That's why Jesus, when talking about waiting, also talked about working – work for the night is coming. Sometimes it's less tiring to work than it is to wait.

There's a lot of waiting during Lent. You're waiting for a payoff. You're waiting for the Resurrection. You're waiting for spiritual growth. And then you realize this isn't waiting at all. It's life. It's joy. It's opportunity. It's blessings.

Timothy Merrill, *Newsletter, Newsletter*